



# The Seleni Institute

## Executive Director

Manhattan, NY (Hybrid)



## About The Seleni Institute

The Seleni Institute is a nonprofit organization that destigmatizes and transforms mental health and wellness by addressing real-life issues that challenge the emotional health of women, men, and their families during the critical family building years. It was launched based on the simple yet powerful insight – change a mother’s life, change a child’s life.

Seleni helps people during what is recognized as one of the most stressful periods of their lives, addresses the global barriers to entry for therapy, and trains clinicians – thereby scaling access to mental health treatment around the world. Today, caregivers and particularly women, lack access to mental or emotional health care during their most vulnerable years. Social stigma, the lack of adequate resources to diagnose and treat mental health needs, and lack of awareness of the pervasive challenges faced by caregivers during family building years, are barriers to entry. While initially focused on supporting women, today Seleni supports women, men and families experiencing maternal mental health and family-building challenges.

Founded by psychologist Nitzia Logothetis and Chairman and CEO of the Libra Group George Logothetis, Seleni works to treat emotional health of caregivers to improve their lives, and in doing so supports the health and wellbeing of future generations. Seleni is working to close the gap between access and care, to break the stigma, and to change the conversation so that mental health is prioritized the same as physical health. This impact is exponential and cascades into the health of future generations.

Since it was founded in 2013, Seleni has been a recognized leader in treating, training, supporting, and advocating for the emotional health of women, caregivers and their families during the family-building years. It does this through a unique hybrid approach including a for-profit maternal mental health clinic that serves individuals and families in the U.S., and a nonprofit foundation that is conducting trainings and scaling mental health access around the world.

Today, Seleni’s NY-headquartered clinic provides psychotherapy services to women, men, and families experiencing maternal mental health and family-building challenges, from mild parenting stress and worry, to severe postpartum depression and anxiety, to the grief of losing a child. In addition to hosting over six thousand therapy sessions per year, Seleni’s clinicians have been featured in global media outlets including CNN, The Washington Post, WebMD, and the Wall Street Journal.

Seleni's foundation provides evidence-based, CE-accredited maternal mental health trainings to help providers across the world properly diagnose and treat Perinatal Mood and Anxiety Disorders as well as Perinatal Loss and Grief. Seleni trains over 650 clinicians per year and partners with front-line nonprofits to ensure its trainings reach those that are most vulnerable, shaping the lives of hundreds of thousands of families.

Seleni's clinic gives Seleni renowned expertise in maternal mental health, while its trainings allow Seleni to scale its impact globally. Together, the clinic and foundation have a symbiotic relationship providing continual learnings that inform each practice. This unique approach allows Seleni to have an unparalleled and sustainable impact in the field of mental health and wellness.

For more information, visit <https://www.seleni.org/>.

## Executive Director

The Seleni Institute seeks a strategic and driven Executive Director (ED) to provide vision, strategy, and leadership for all aspects of the organization. The ED will build upon Seleni's existing work while establishing priorities for the organization's future in collaboration with the board and founder. This individual will be entrepreneurial, charismatic, inspiring, and adaptable to meet the organization's evolving needs. The ideal candidate will be an inclusive leader with the ability to build and manage effective teams. A passion for and commitment to the mission of the Seleni Institute is a must. The ED should be an excellent communicator who will grow the Seleni Institute's visibility and serve as a spokesperson alongside the organization's founder. They should also be a tireless advocate for the vulnerable populations that Seleni serves and deploy innovative thinking and passion towards elevating awareness of Seleni's impact while scaling its reach and impact.

## Responsibilities

The ED is responsible for streamlining operational efforts across the organization in addition to upholding the feeling of safety, collaboration, and encouragement for Seleni staff and patients. The ED will develop and lead the strategic direction for the organization and implement a cohesive vision for the Seleni Institute guided by the principles and mission of the organization. Additional responsibilities will include, but not be limited to, the following:

### Executive Management and Operations

- Provide oversight and manage day-to-day operations of both the Seleni Institute, a 501c3, and Seleni Psychology Counseling and Support, a PLLC.



- Together with the Chief Financial Officer, Program Director, and Patient Coordinator, build and maximize operational efficiencies, implementing streamlined systems that support the organization's infrastructure and position it for continued effectiveness.
  - Lead initial recruitment and hiring process for all staff (clinical, operations, program, etc.)
  - Provide direct supervision to the Chief Financial Officer, Program Director, and Patient Coordinator, as well as the clinical team.
  - Align staffing requirements with organizational strategy and priorities.
  - Work with the Program Director to develop and expand Seleni's training and support group footprint; grow clinician roster with focus on specialization in perinatal loss and grief.
- Streamline and improve communication and collaboration across the organization.
- Work with current board leadership to expand, diversify, and strengthen the Seleni Institute's board.

### Financial Oversight and Resource Development

- Together with the CFO, manage the organization's budget and finances.
- Establish long-term financial sustainability and continued success of the organization by supporting the continued growth of the clinic and cultivating new funder relationships in collaboration with the board.
- Work to diversify and deepen funding sources and partnerships.

### Vision and Strategy

- In collaboration with staff and board, establish and communicate a strategic plan for the organization, setting the vision, priorities, and milestones to bring the Seleni Institute into its next phase.
- Serve as a key external voice and spokesperson for Seleni to enhance the visibility of the organization and to position Seleni as a leading resource and advocate in the mental health and wellness space.
- Expand the reach and influence of Seleni by engaging with public, private, and philanthropic leaders.
- Lead Seleni to engage a larger, broader, and more diverse audience.
- Work in partnership with The Libra Group to oversee marketing of the Seleni brand through social media growth and strategic positioning, increasing brand awareness.

### Qualifications

- At least 5 – 7 years of successful executive and/or management experience.
- Experience with 501c3 status and PLLC licensing preferred.

- Entrepreneurial and passionate leader, with the ability to think creatively and connect with and build trust with diverse stakeholders and networks.
- Nimble, with the ability to adapt quickly to changing situations, re-align priorities, and handle the inevitable challenges and adversity that accompanies younger organizations.
- A dynamic, collaborative, and mentoring leader who inspires trust and respect.
- Ability to maintain and model high personal, ethical, and professional standards.
- Excellent communication skills, both written and verbal.
- Strong sense of planning, project management, organizational skills, and attention to detail.
- Exceptional interpersonal skills, with the ability to promote collaboration and cohesiveness across an organization as well as develop and foster external partnerships.
- Demonstrated knowledge and understanding of organizational financial practices and management.

## Salary and Benefits

The salary for this position is \$150,000 plus benefits.

To apply to this position, click [HERE](#).

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